

* MBSR = Mindfulness Based Stress Reduction

** ARA = Active Retirement Association

MARCH 2010

SUN	MON	TUE	WED	THU	FRI	SAT
	1 12 noon MBSR* 1:30 ARA** Lecture 7:30 pm Seacoast Choral Society	2 7:30 am ARA Exercise 10 am Book Group 1 pm Knit for Peace 7:00 pm MBSR	3 9 am Chronicle Folding 9:30 ARA Lecture 7:30 pm Chancel Choir	4 7:30 am Men's Group 7:30 am ARA Exercise	5	6 8:30 am Gallery Hanging
7 8:45 am Adult Bible Study 10 am Worship/Sunday School 10:20 am HS Group 10:20 am Pathfinders 11:15 am Fellowship Hour 11:15 Alleluia Choir Brief Rehearsal 12 noon Confirmation Class 4:30 pm RESPECT/for parents of teens	8 12 noon MBSR 1:30 ARA Lecture 4 pm Rejoice Choir 6:30 pm CE Cabinet 7:30 pm Seacoast Choral Society 7:30 pm Wooster Scot Band Concert at Oyster River HS	9 7:30 am ARA Exercise 10:00 am Book Group 11:30 am Visiting Committee 1 pm Knit for Peace 7:00 pm Diaconate 7:00 pm MBSR	10 9:30 am ARA Lecture 10 am Guild Bible Study 12 noon Guild Lunch 7:00 pm Library Comm. 7:30 pm Chancel Choir	11 7:30 am ARA Exercise 7 pm Stewards	12	13 8 am- 4 pm MBSR All-Day Retreat 5:30 Pathfind- ers Pizza & Games
14 8:45 am Adult Bible Study 10 am Worship/Sunday School Alleluia Choir Sings 11:15 am Fellowship Hour Fair Trade Coffee & Tea Sale	15 12 noon MBSR 1:30 ARA Lecture 4 pm Rejoice Choir 7:30 pm Seacoast Choral Society	16 7:30 am ARA Exercise 10:00 am Book Group 1pm Knit for Peace 7:00 pm MBSR	17 9:30 ARA Lecture 7:30 pm Chancel Choir	18 7:30 am Men's Group 7:30 am ARA Exercise 7 pm Council	19 8:00 am Newcom- ers	20 1 pm Teddy MacAr- thur Me- morial Service
21 8:45 am Adult Bible Study 10 am Worship/Sunday School 11:15 am Fellowship Hour Matt MacNown Book Signing 6 pm MBSR Sit & Soup	22 4 pm Rejoice Choir 7:30 pm Seacoast Choral Society	23 10:00 am Book Group 1 pm Knit for Peace	24 7:30 pm Chancel Choir	25 7:00 pm Mission Board	26	27
28 Palm Sunday 8:45 am Adult Bible Study 10 am Worship/Sunday School 10:15 am Alleluia Choir Rehearsal 11:15 am Fellowship Hour 12 noon Confirmation Class	29 4 pm Rejoice Choir 7:30 pm Seacoast Choral Society	30 7:30 am ARA Exercise 10 am Book Group 1 pm Knit for Peace	31 7:30 pm Chancel Choir	1 April 7:30 am Men's Group 7:30 am ARA Exercise 9:30 am ARA Lecture 7 pm Stewards 7 pm Maundy Thurs- day Service	2 9:30 am ARA Lec- ture 7 pm Good Friday Service	3